

Sample Daisy Girl Scout Troop Meeting

Blue Promise Center | Honest and Fair Petal

Total Time: Approximately 1 hour

Materials Needed

- Coloring Sheet (attached)
- Name tags
- Markers/crayons
- Daisy Smock/Vest or photo
- Learning the Promise Activity
- Button or penny
- Construction paper/paper plates (something that can be stepped on)
- Musical device

Sample Girl Scout Meeting

Meeting Activity	Description	Time
Arrival	<ul style="list-style-type: none">• Name Tags / check in• Coloring sheets	5 minutes
Introduction/ House Keeping	<ul style="list-style-type: none">• Introduce self & staff for event• Locating Bathroom• Agenda/Up-Front Contract for the evening: Example: Thank you again for coming today. We will spend about an hour together where I will lead a sample troop meeting so that everyone can learn more about what it is like to be a Girl Scout and then there will be time to discuss what you are looking for from Girl Scouts. By the end of our time, you will have a better idea of whether or not Girl Scouts is right for your family and I can help you with the next steps to join or you can decide it's not right and enjoy the rest of your evening.	3 minutes
Opening	Bring Girl Scouts and adults together. Stand in circle, have Girl Scouts introduce themselves, their adult, and say one thing they know about Girl Scouts.	3 minutes
Ice Breaker	Say "We are going to try to get to know each other better. I am going to say a few statements and if it relates to you, you are going to enter the circle and give a high five to anyone else in the circle. You are then are going to go back to your spot. Understand?"	5 Minutes

	<p>Enter the circle if...</p> <ul style="list-style-type: none"> • If you are excited to be here • If you have a sister • If you have a brother • If you like ice cream • You ride the bus to school • If you have a dog • Cat • Different kind of pet, etc. 	
Circle	<p>Say, "Today we are going to have a mini-Girl Scout Troop meeting. Kids in Kindergarten and first grade who are Girl Scouts are called Daisy Girl Scouts. What types of things do you think Daisy Girl Scouts do? What would you like to do?"</p> <p>In a group, brainstorm a list of things they expect to do as Daisies, and another list to remember so that the troop can be safe and have fun at meetings. (i.e. listen to instructions, ask an adult before you go to the bathroom, etc.).</p> <p>Show sample vest, talk about earning patches and petals.</p>	5 minutes
	<p>Girl Scouts is rich in history and traditions. Do you know what a tradition is? One tradition that Girl Scouts all around the world do is recite the Girl Scout Promise and Law when they come together.</p> <p>To earn our Daisy Center patch, we talk about what it means to make a promise, and what that means when we say our Girl Scout Promise.</p> <p>Teach the Girl Scout symbol (right hand, three fingers), each representing one of the lines of the Promise. Ask caregivers who were scouts if they remember. Ask caregivers to join in.</p> <p>Repeat the whole Promise using the hand symbol:</p> <p style="text-align: center;"><i>On my honor, I will try: To serve God and my country, To help people at all times, And to live by the Girl Scout Law.</i></p> <p>What is a promise?</p> <ul style="list-style-type: none"> • Why is it important to keep our promises? • What if we forget? • When you say 'On my honor...' it means you can be trusted to do what you say you will do. What 	5 minutes

	<p>are some promises you have made to others that you have honored?</p> <ul style="list-style-type: none"> • What do the words, “I will try” mean? <p>Give time for the group to respond. Say “Girl Scouts make this promise to themselves and each other every time they come together. When you come to Girl Scout meetings you will start the meeting by saying the promise.</p>	
Honest & Fair	<p>Ask the group what they think it means to be honest? What does it mean to be fair? Ask them to share examples.</p> <p>Say “those are all good examples of being honest and fair. Do you think we are able to be honest and fair when we play games? How can we be honest and fair when we play games?”</p> <p>‘Let’s play a game. “(let Girl Scouts choose activity from options below...girl-led)</p>	3 minutes
Activity 1 Option: Button Button Game	<p>Button Button Who’s Got the Button: You will need a small object that can be easily hidden in your child’s hand, such as a button, a marble, or a coin. Sit in a circle on the floor. Have one person close their eyes so they can’t see. Give another member the object and tell them to hide it in their hands. Then the group can say, “<i>Button Button, who has the button?</i>” Tell them they need to be honest (tell the truth) when you ask them. “<i>Do you have the button?</i>” (give seeker 3 guesses)</p>	10 minutes
Activity Option 2: Musical Squares/Dots (like musical chairs)	<p>Set up: arrange construction paper/paper plates in a circle</p> <p>Have the Girl Scouts form a circle on the outside of the paper plates that you just arranged.</p> <p>Explain to the group that when the music begins they can walk around the circle. When the music stops their foot must touch the paper plate. Repeat playing music and remove one plate each time the game is played. Girl Scouts must be honest and fair when they play. Each time a plate is removed, the group must squeeze with other Girl Scouts onto another plate. (no one gets out in this game)</p>	10 minutes

Debrief	<p>Invite Girl Scouts to come together again.</p> <p>Say, “You did a great job playing the honest and fair game. When we play games, why do you think it is important to follow the rules? Why do you think it is important to be honest? How about being fair?”</p> <p>Allow time for responses.</p> <p>So when you leave here today, remember that Girl Scouts always keep to their promises and that we are honest and fair.</p>	5 minutes
Learning the Promise	<p>Invite Girl Scouts to table to work on the Learning the Promise Activity or color sheets so that you can discuss next steps with caregivers.</p>	10-15 minutes
Closing	<p>Invite Girl Scouts and moms to form a circle.</p> <p>Thank families for coming. Say, “I hope everyone had fun today and enjoyed learning about Girl Scouts. Congratulations on earning your first Girl Scout badges—the blue promise center and the honest and fair petal.”</p> <p>You can share that these may be purchased online or in the council shop.</p> <p>Do friendship squeeze. Girl starts making a wish and sending a squeeze around the circle. When the Girl Scout who began the squeeze gets it back she says, “Goodbye Daisy Girl Scouts.” Everyone says “1-2-3 Goodbye Daisy Girl Scouts” and untwists out of the circle.</p> <p>You can invite parents to participate in the friendship squeeze.</p>	3 minutes
Questions/Registration Assistance	<p>Leave time for any families who have individual questions and/or need registration assistance.</p> <p>Not sure of the answer? Email the GSEMA customer care team at customercare@gsema.org. They are here to help!</p>	



The Girl Scout Pledge



On my honor, I will try:
To serve God, and my country,
To help people at all times,
And to live by the Girl Scout Law.

Hey, Future Daisy!

As a Girl Scout Daisy, you'll earn badges (some are called petals and form a flower!) and pins to add to your blue tunic or vest. Color in your Daisy tunic and draw in your face and hair—or add a photo of yourself to see what you'll look like as a Girl Scout!

