



# Lift Your Voice Patch Program

Inspired by the hymn “Lift Every Voice and Sing” which is also known as the Black National Anthem, the Lift Your Voice patch encourages Girl Scouts to participate in advocating for racial justice and creating a more just and equal world. Through activities designed for Girl Scouts, the Lift Your Voice patch leads Girl Scouts through exploring their own identities, learning about communities they are not a part of, practice advocating and standing up for what is right, and connecting it to their Girl Scout experience.

## Patch Activities

Complete the following activities and wear this GSEMA patch to show the values you believe in. Girl Scouts should complete at least one activity from each section to total the activities per their Girl Scout level.

Daisies: Complete four (4) activities.

Cadettes: Complete seven (7) activities.

Brownies: Complete five (5) activities.

Seniors: Complete eight (8) activities.

Juniors: Complete six (6) activities.

Ambassadors: Complete eight (8) activities.

Adults: Complete nine (9) activities.

## My Culture and Identity

1. [Create a self-portrait](#). Start by looking in the mirror and drawing a picture of yourself. Think about what you look like. What is your hair color? What texture is your hair? What is your eye color? Your skin color? Now think about things we can't see that make you, YOU! Draw or write some of your favorite things to do, places to go, and people to be with around your portrait. Who you are is more than just what you look like! Hang your self-portrait somewhere you can see to remind you of all the wonderful parts of who you are.
2. [Read a book](#) about someone from the same culture as yours. Share the book with a friend and tell them why you liked the book or write a book review to recommend the book to others.

3. Research the country or culture your family is from, and put together a fun facts sheet. Share on social media or with your Girl Scout troop.
4. Holiday celebrations are unique to each culture. Draw a picture or take photos of your family's favorite celebrations. Share on social media and tag @GirlScoutsEMass on the photo.

## **Learning about People from Other Cultures**

1. Learn about meals from another culture and [make a new recipe](#) from another culture.
2. [Read a book](#) about someone from a different culture than yours. Share the book with a friend and tell them why you liked the book or write a book review to recommend the book to others.
3. With permission from the grown-ups at home, [find a pen pal](#). While writing to your pen pal, find three things you have in common with your pen pal and three things that are different.
4. Attend an event celebrating another culture. Research cultural festivals and events in your community and attend an event with your troop or family.

## **Advocacy and Civic Engagement**

1. Read and illustrate [Annie the Anti-Racist Superhero](#) storybook.
2. Write a letter to your 18-year-old self about why voting is important to you. [Follow these tips](#).
3. Even if you can't vote yet, you can still be part of the democratic process. Write a letter to a decision maker. Think about something you'd like to see changed. Once you have an idea, you need to identify who can help you make the change! [Follow this guide](#) to get you started.
4. Make a sign or write a chant or song that you would use at a protest or gathering for the thing you want to change.

## **Girl Scout Experience**

1. Learn about the history of [Girl Scouts of color](#). Identify a [Girl Scout trailblazer](#) who inspires you. Write a story, draw a picture or write a skit about her story and share it with other Girl Scouts in your community.
2. Learn about [Girl Scouting \(or Girl Guiding\)](#) in another country.
3. Plan or participate in a [World Thinking Day](#) event.
4. Take Action with a Racial Justice perspective! During your next Take Action project, include racial equity in designing and implementing your project. Consider who is leading the organizations you are collaborating with, who the clients or beneficiaries of your efforts are, and who might be left out.

## **Congratulations you've completed the Lift Your Voice patch!**

Patches are available for purchase at the [GSEMA Shop](#).