

Trail Adventure (sample agenda)

Virtual Meeting Adaptation: Troop leaders have shared that the most successful virtual meetings allow plenty of time for games and socialization. Consider adapting the Meeting Plans in the Volunteer Toolkit in this way:

Meeting Framework: 3 meetings, 45 minutes each

General Sequence	Meeting 1	Meeting 2	Meeting 3
Welcome	Opening Ceremony (10 min)	Opening Ceremony (10 min)	Opening Ceremony (10 min)
Program Activity	Select an activity (15 min): - Act Out Both Adventures - Draw Two Different Adventure Pictures	Select an activity (15 min): - Practice Breathing from Your Belly - Stretch and Work Your Muscles	Select an activity (30 min): - Add to Your Adventure - Show a Friend
Social Activity	Charades (15 min)	Musical Chairs (15 min)	
Closing	Closing Ceremony: Friendship Circle (5 min)	Closing Ceremony: Friendship Circle (5 min)	Closing Ceremony: Friendship Circle (5 min)