

# Camp Rice Moody Packing List

Each day, campers need to bring the following items to camp so they are prepared and ready for all weather conditions. Campers should wear play clothes and socks and sneakers. **Everything should be marked with camper's full name.** All possessions should be brought in a small backpack so they can be carried easily.

- **Bag lunch** – Please send a reusable lunch box or bag to reduce waste. **Lunches are NOT refrigerated.** Please send a non-perishable lunch or include an ice pack with your camper's lunch. *Snacks and lunch are not provided by camp.* Your camper will be expending a lot of energy during their day at camp; we encourage parents to pack a few extra snacks, as they will likely be hungrier than they typically are.
- **Bathing suit and towel** – Campers participate in swimming and/or water activities each day. If you send your camper wearing their bathing suit under clothes, please ensure that the suit is dry in the morning, and do not forget to send a change of underwear as well. Campers are required to change out of their bathing suits after swimming.
- **Sturdy footwear** – Please make sure your camper is wearing shoes that will stay on their feet while running or playing in the woods. Campers must wear shoes with closed toes and closed heels—sturdy sneakers are the ideal choice. Campers should not wear open-toe sandals, heelez, flip flops, or crocs, as **they will not be allowed to participate in some activities if their footwear is inappropriate for the activity.**
- **Rain Gear**– Please bring a raincoat or poncho. No umbrellas, please.
- **Backpack** – Campers should bring a backpack for storage of their personal items at camp. It should be something that they are comfortable carrying.
- **Sunscreen and bug repellent** – Please apply both to your camper BEFORE coming to camp. Teach your camper to apply both on their own. Campers will be reminded to reapply by staff, but will be responsible for application themselves.

## WHAT NOT TO BRING

The following items are not allowed at camp and should be left at home:

- Electronics (this includes cell phones, radios, CD players, iPods or other MP3 players, Kindles/e-readers, handheld gaming devices, laptops, tablets, and other electronic devices)
- Gum and hard candy
- Alcohol and illegal drugs
- Weapons (including pocket knives)
- Pets and animals
- Personal sports equipment (for safety and insurance reasons, we restrict camp activities to equipment we personally maintain)

If any of these items are found at camp, they will be confiscated and the camper may be subject to consequences. If found, items on this list will be turned over to the Camp Director for safe storage, handling and return to the family. Jewelry, expensive clothes and items of great sentimental value should also be left home. The camp and the Girl Scouts of Eastern Massachusetts cannot be held responsible for personal items.

## LOST AND FOUND

Please discuss with your camper your expectations regarding the care of their possessions. If your camper comes home missing any items, please contact the camp right away. *Do not wait until the session is over.*