









My Award and Badge Explorer

| AWARD/BADGE | DESCRIPTION |
|---|---|
|  <p>Animal Helpers</p> <p>Cadette (Grades 6-8) Life Skills Outdoors</p> | <p>Learn about the many ways animals help humans.</p> <ol style="list-style-type: none"> 1. Explore the connection between humans and animals 2. Find out how animals help keep people safe 3. Know how animals help people emotionally 4. Check out how animals help people with disabilities 5. Look at how animals might help us in the future <p>When you've earned this badge, you'll know how animals help humans and how to help them keep it up.</p> <p>GET THIS BADGE</p> |
|  <p>Babysitter</p> <p>Cadette (Grades 6-8) Life Skills Relationships</p> | <p>Gain the skills that will help you become the best babysitter you can be.</p> <ol style="list-style-type: none"> 1. Get to know how kids develop 2. Prepare for challenges 3. Focus on play 4. Find potential employers 5. Practice your babysitting skills <p>When you've earned this badge, you'll be prepared to babysit and will have tried out your skills on the job.</p> <p>GET THIS BADGE</p> |
|  <p>Book Artist</p> <p>Cadette (Grades 6-8) Art Life Skills</p> | <p>Learn book artistry.</p> <ol style="list-style-type: none"> 1. Explore the art of bookbinding 2. Get familiar with the insides of a book 3. Try out book artist techniques 4. Focus on function 5. Focus on style <p>When you've earned this badge, you'll know how to make different kinds of books.</p> <p>GET THIS BADGE</p> |




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|  <p>Cadette First Aid</p> <p>Cadette (Grades 6-8) Life Skills Health</p> | <p>Find out how to deal with minor injuries and illnesses and how to tell when the problem is more serious.</p> <ol style="list-style-type: none"> 1. Understand how to care for younger children 2. Know how to use everything in a first-aid kit 3. Find out how to prevent serious outdoor injuries 4. Know the signs of shock and know how to treat it 5. Learn to prevent and treat injuries due to weather <p>When you've earned this badge, you'll know how to take care of people in an emergency, including younger children in your care.</p> <p>GET THIS BADGE</p> |
|  <p>Cadette Girl Scout Way</p> <p>Cadette (Grades 6-8) Citizenship Life Skills</p> | <p>Learn about Girl Scout traditions and share activities and spirit that are a century strong.</p> <ol style="list-style-type: none"> 1. Lead a group in song 2. Celebrate Girl Scout Week 3. Share sisterhood through the Girl Scout Law 4. Leave a camp better than you found it 5. Enjoy Girl Scout traditions! <p>When you've earned this badge, you'll know how to use Girl Scout ways and traditions to make the world a better place.</p> <p>GET THIS BADGE</p> |
|  <p>Comic Artist</p> <p>Cadette (Grades 6-8) Art Life Skills</p> | <p>Find out more about the world of comic art and then tell your own visual story.</p> <ol style="list-style-type: none"> 1. Delve into the world of comics 2. Choose a story to tell 3. Draw it out 4. Frame it in four panels 5. Add the words <p>When you've earned this badge, you'll know how to create your own comic.</p> <p>GET THIS BADGE</p> |




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|  <p>Eating for You</p> <p>Cadette (Grades 6-8) Health Life Skills</p> | <p>Find out how eating well can help you both inside and out.</p> <ol style="list-style-type: none"> 1. Know how good nutrition helps your body stay healthy 2. Find out how what you eat affects your skin 3. Explore how your diet affects your stress level 4. Investigate how the food you eat affects your sleep 5. Look at how your diet affects your energy <p>When you've earned this badge, you'll know how to eat your way to a healthy mood, mind, and body.</p> <p>GET THIS BADGE</p> |
|  <p>Field Day</p> <p>Cadette (Grades 6-8) Health Relationships Life Skills</p> | <p>From friends playing in the park to countries competing against one another at the Olympics, games unite us all. And Girl Scouts have been inventing their own games since 1912! In this badge, you'll experience this firsthand, by organizing teams and events for an exciting, do-it-yourself field day.</p> <ol style="list-style-type: none"> 1. Team up and dress up 2. Host a historical game 3. Play a scientific game 4. Find fun in fiction 5. Stage your grand finale! <p>When I've earned this badge, I'll know how to organize a field day filled with friends and fun.</p> <p>GET THIS BADGE</p> |
|  <p>Finding Common Ground</p> <p>Cadette (Grades 6-8) Relationships Citizenship Life Skills</p> | <p>Find out how people in democratic governments make trade-offs, giving up some things they favor to gain support for others.</p> <ol style="list-style-type: none"> 1. Get to know someone different from you 2. Make decisions in a group 3. Explore civil debate 4. Understand a compromise 5. Find common ground through mediation <p>When you've earned this badge, you'll know strategies for bringing people together to find common ground.</p> <p>GET THIS BADGE</p> |



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|  <p>Good Sportsmanship</p> <p>Cadette (Grades 6-8) Relationships Citizenship Life Skills</p> | <p>Find out how to make good sportsmanship a habit in games and in life.</p> <ol style="list-style-type: none"> 1. Create your own definition of sportsmanship 2. Be a good competitor 3. Be a good teammate 4. Psych yourself up 5. Put your definition of good sportsmanship into action <p>When you've earned this badge, you'll know how you define sportsmanship and will have put your definition into action.</p> <p>GET THIS BADGE</p> |
|  <p>Journey: MEdia</p> <p>Cadette (Grades 6-8) Life Skills Journey</p> | <p>In this Journey, you will:</p> <ol style="list-style-type: none"> 1. Explore media and find out how to reshape negative media messages into more positive ones-invite a TV show producer to talk about what influences her work, organize a movie night and discuss the film's messages, or write a rap song or TV script. 2. Plan a Take Action Project that encourages positive messages in media-rewrite a song that has hurtful lyrics about women, create a blog that reviews how movies and TV shows depict girls, or start a Twitter campaign responding to stereotypes you see in the media. More Details → <p>Get This Journey</p> |
|  <p>Journey: aMAZE!</p> <p>Cadette (Grades 6-8) Life Skills Journey</p> | <p>In this Journey, you will:</p> <ol style="list-style-type: none"> 1. Find out how to develop true friendships, navigate cliques, and move beyond stereotypes, with the ultimate goal of peace in your interpersonal relationships. 2. Plan a Take Action Project that shares your new friendship-building skills. More Details → <p>Learn more about how to earn your Take Action Award - and help your community - with the Girl Scout Take Action Guide. Then use your leadership skills to earn your Silver Award, the highest award for Girl Scout Cadettes!</p> <p>Get This Journey</p> |

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|  <p>New Cuisines</p> <p>Cadette (Grades 6-8) Health Life Skills</p> | <p>Cook up four dishes from across time and distance, and find out where your taste buds want to travel.</p> <ol style="list-style-type: none"> 1. Make a dish from another country 2. Create a dish from another region of the United States 3. Whip up a dish from another time period 4. Cook a dish that makes a statement 5. Share your dishes on a culinary "tour"! <p>When you've earned this badge, you'll be able to make amazing dishes from all over the world and way back in time.</p> <p>GET THIS BADGE</p> |
|  <p>Public Speaker</p> <p>Cadette (Grades 6-8) Life Skills</p> | <p>Work on your stage presence and develop your onstage skills.</p> <ol style="list-style-type: none"> 1. Get a feel for performing solo 2. Focus on body language 3. Find your voice 4. Choose or create a piece to perform 5. Get onstage! <p>When you've earned this badge, you'll have found your inner performer and be unafraid to speak up.</p> <p>GET THIS BADGE</p> |
|  <p>Screenwriter</p> <p>Cadette (Grades 6-8) Art Life Skills</p> | <p>Try your hand at writing for the big (or small) screen.</p> <ol style="list-style-type: none"> 1. Decide what makes a good script good 2. Come up with an idea for a story 3. Get to know your characters 4. Build the plot 5. Write a 12-page script-and share it! <p>When you've earned this badge, you'll know how to create a screenplay for a show or movie.</p> <p>GET THIS BADGE</p> |

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|  <p>Special Agent</p> <p>Cadette (Grades 6-8)</p> <p>STEM Life Skills</p> | <p>Use your investigative mind to take on the many roles of a special agent: detective, scientist, psychologist, enforcer of the law.</p> <ol style="list-style-type: none"> 1. Investigate investigation 2. Reveal reality 3. Try the science 4. Key in to body language 5. Practice the art of detection <p>When you've earned this badge, you'll know secrets from the worlds of forensic science and criminal psychology.</p> <p>GET THIS BADGE</p> |
|  <p>Woodworker</p> <p>Cadette (Grades 6-8)</p> <p>STEM Life Skills Art</p> | <p>Find out how to use wood to make stylish, useful things for yourself and others.</p> <ol style="list-style-type: none"> 1. Swing a hammer 2. Keep it level 3. Use a screwdriver 4. Saw some wood 5. Build something yourself <p>When you've earned this badge, you'll know how to use some basic tools to make simple woodworking projects.</p> <p>GET THIS BADGE</p> |